

More Calm, Less Storms

~ A Healing Collaborative ~

Experience an afternoon designed to calm and renew your mind, body and spirit. Release the tension and stressful storms that your body manages on a daily basis. Relax and partake in healing mini-treatments and a variety of products: Acupuncture, Life Coaching, Integrative Nutrition, Chinese Tuina Massage, and Aihu Products. Meet the practitioners, learn more about each of their specialties and design your new year to include more calming self-care and less stressful storms.

Registration

To reserve your spot, register at <http://bit.ly/morecalmllessstorms>, select your preferred time slot and plan to arrive a few minutes prior to your first session. The \$20.00 registration fee will be donated to Avenues for Homeless Youth. In addition, The Collaborative is also collecting personal hygiene supplies for Avenues. Registration fee is non-refundable.

Avenues for Homeless Youth provides emergency shelter, short-term housing and support services for homeless youth in a safe nurturing environment. Through such service, Avenues seeks help youth achieve their personal goals and make a positive transition into young adulthood. For more information, visit: <http://www.avenuesforyouth.org>.

Practitioners

Anita Teigen, L.Ac.

Acupuncturist, Herbalist & Massage Therapist
www.redcloverclinic.com

Kristin Beltaos, M.A.

Life Coach/Owner of A Gift of Miles
www.agiftofmiles.com

Mary Langfield Neaton

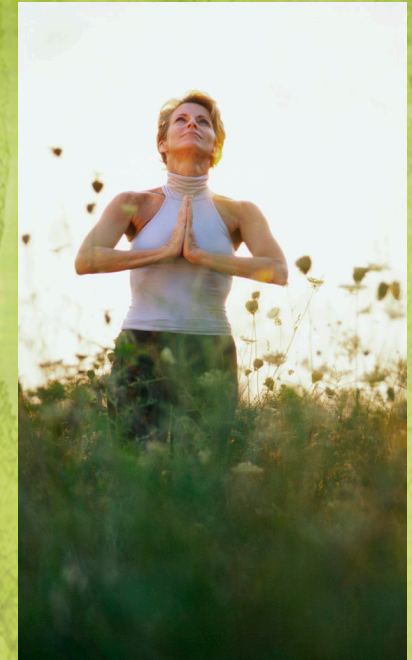
Certified Holistic Health Coach
www.marylangfield.com

Deb Bunde

Certified Chinese Tui Na Massage Therapist
willowwaves09@yahoo.com

Jane Untz

Aihu Independent Consultant
www.aihu.net/janeuntz



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Saturday, January 22, 2011

1:00 p.m. to 5:00 p.m.

Red Clover Clinic

2233 North Hamline Avenue, Suite 301

Roseville, MN 55113

612-308-3597

Questions

Anita Teigen at 612-308-3597 or

Kristin Beltaos at 612-845-7585

Attend to Learn of Our Exciting Special Offers